

Privacy Policy

Last updated: January 2026

We value your privacy and are committed to protecting your personal information. This Privacy Policy explains how information is collected, used, and shared when you visit or interact with the Mindful Movement Pilates website, which is hosted on the Wix.com platform.

Information We Collect

Personal Information You Provide

We may collect your name, email address, phone number, billing details, and information submitted through contact forms, bookings, or registrations.

Automatically Collected Information

Wix automatically collects IP address, browser and device information, pages viewed, session duration, and referring URLs.

How We Use Your Information

To communicate with you, schedule services, process payments, send marketing emails, improve services, and comply with legal obligations.

Wix Platform & Third-Party Services

Our website is hosted on Wix.com. Your data may be stored through Wix's secure servers. Payments are processed through PCI-compliant providers. We do not store full payment details.

Cookies

We use cookies to ensure proper website function and analytics. You may disable cookies through your browser settings.

Data Security

We take the security of your personal information seriously and use industry-standard safeguards, including secure servers, encrypted connections, and trusted service providers, to protect your data. We regularly review our practices to help ensure your information is handled safely and responsibly. While no online system can be guaranteed to be completely secure, we are committed to maintaining strong protections and continuously improving our security measures.

Your Rights

You may request access, correction, or deletion of your personal data and opt out of marketing communications at any time.

Changes

We may update this policy from time to time. Any changes will be posted on our website with the updated date.